

Depression

Hurts



# Depression

Irritability or frustration  
Loss of interest  
Reduced sex drive  
Insomnia or excessive sleeping  
Changes in appetite  
Agitation or restlessness  
Decreased concentration  
Fatigue  
Worthlessness  
Unexplained back pain  
Frequent thoughts of death  
Crying spells for no apparent reason



# Hurts

Ourselves  
Families  
Friends  
Colleagues  
Communities  
Societies  
Everyone

## Primary Attributions

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image: John Wayne Hill

## Secondary Attributions

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Depression: <http://www.mayoclinic.com/health/depression/DS00175/DSECTION=symptoms> on 3/9/2010